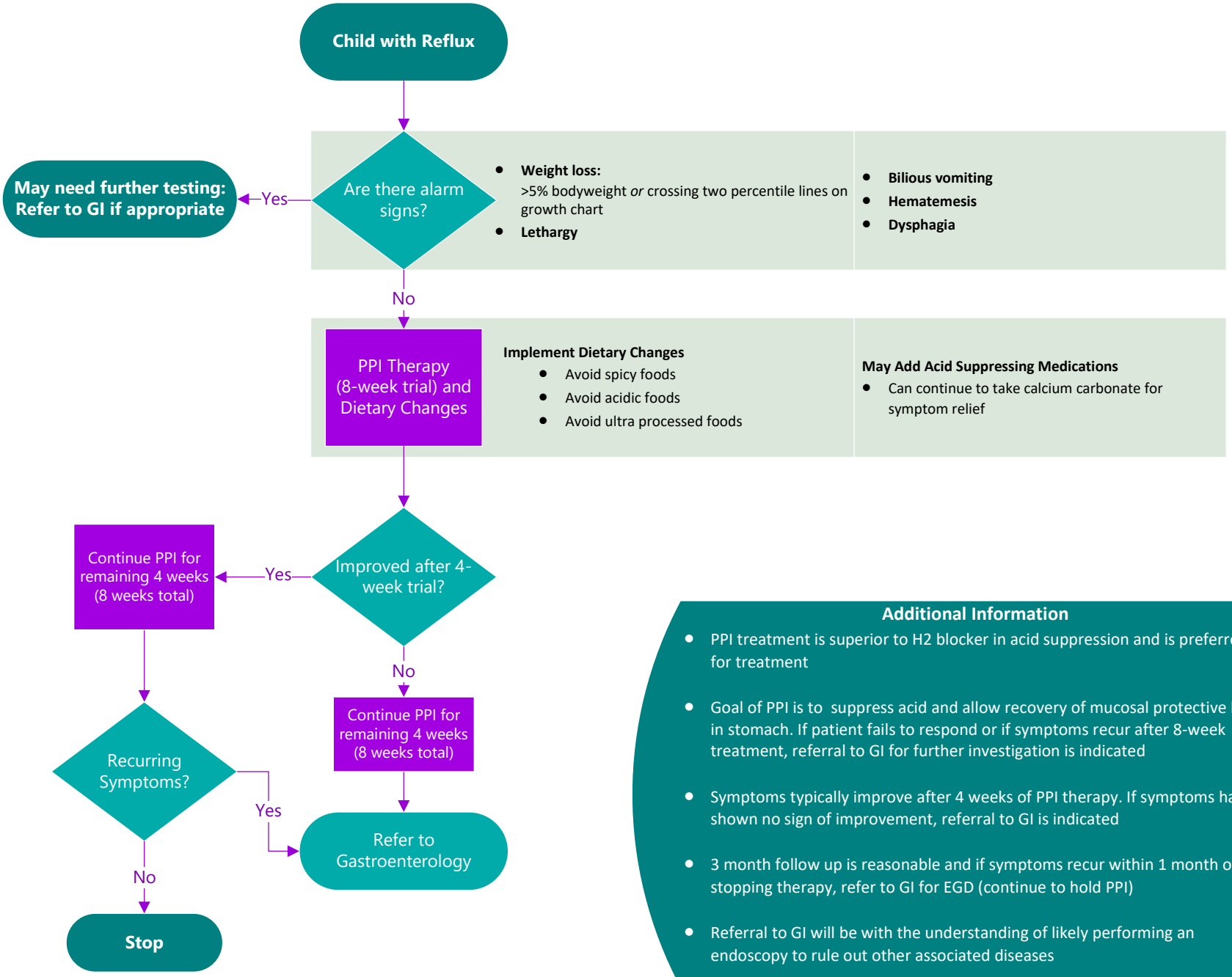
GERD Child to Adult Guidelines

Rady Children's Health Network



Additional Information

- PPI treatment is superior to H2 blocker in acid suppression and is preferred for treatment
- Goal of PPI is to suppress acid and allow recovery of mucosal protective layer in stomach. If patient fails to respond or if symptoms recur after 8-week treatment, referral to GI for further investigation is indicated
- Symptoms typically improve after 4 weeks of PPI therapy. If symptoms have shown no sign of improvement, referral to GI is indicated
- 3 month follow up is reasonable and if symptoms recur within 1 month of stopping therapy, refer to GI for EGD (continue to hold PPI)
- Referral to GI will be with the understanding of likely performing an endoscopy to rule out other associated diseases