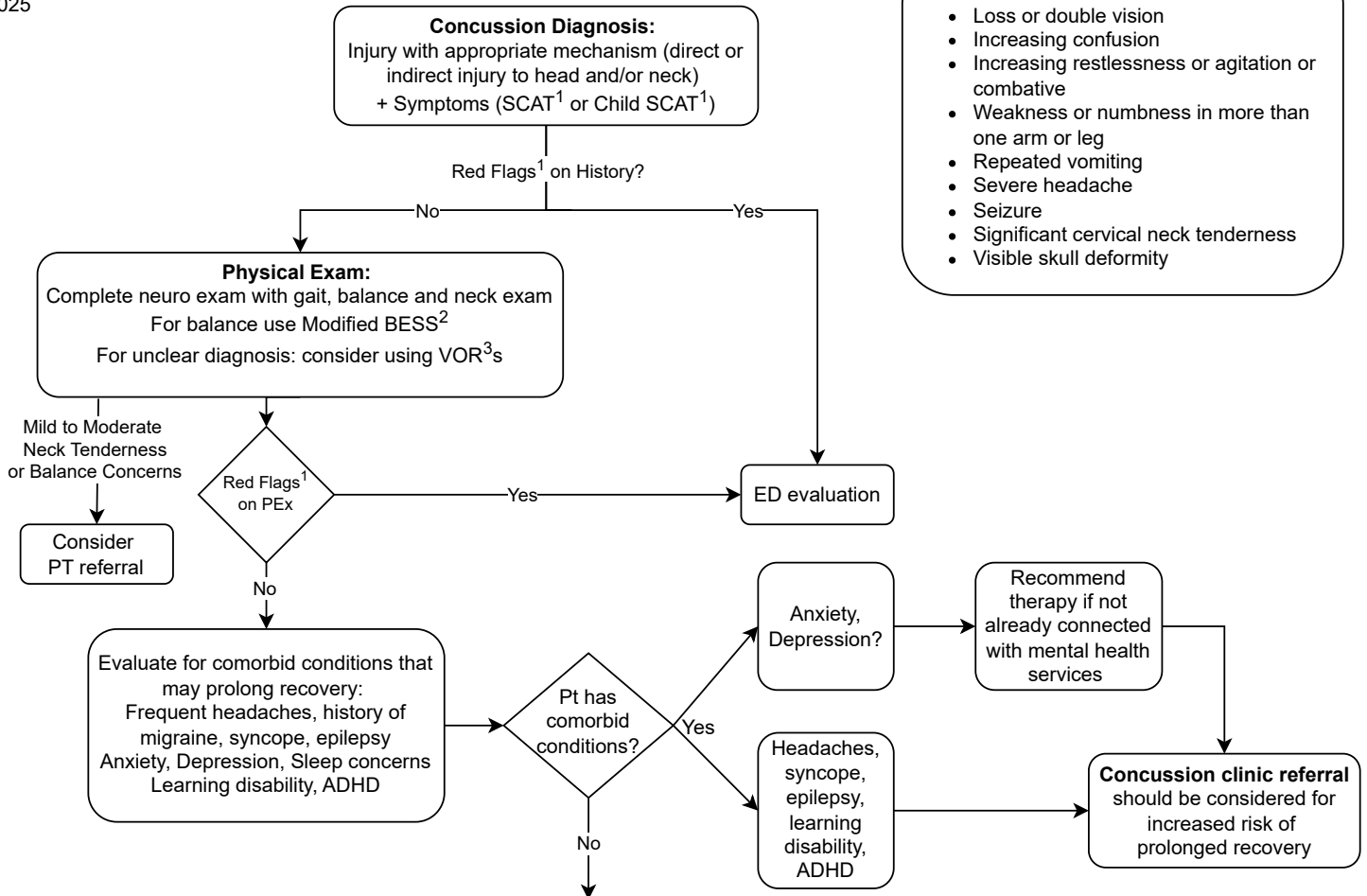
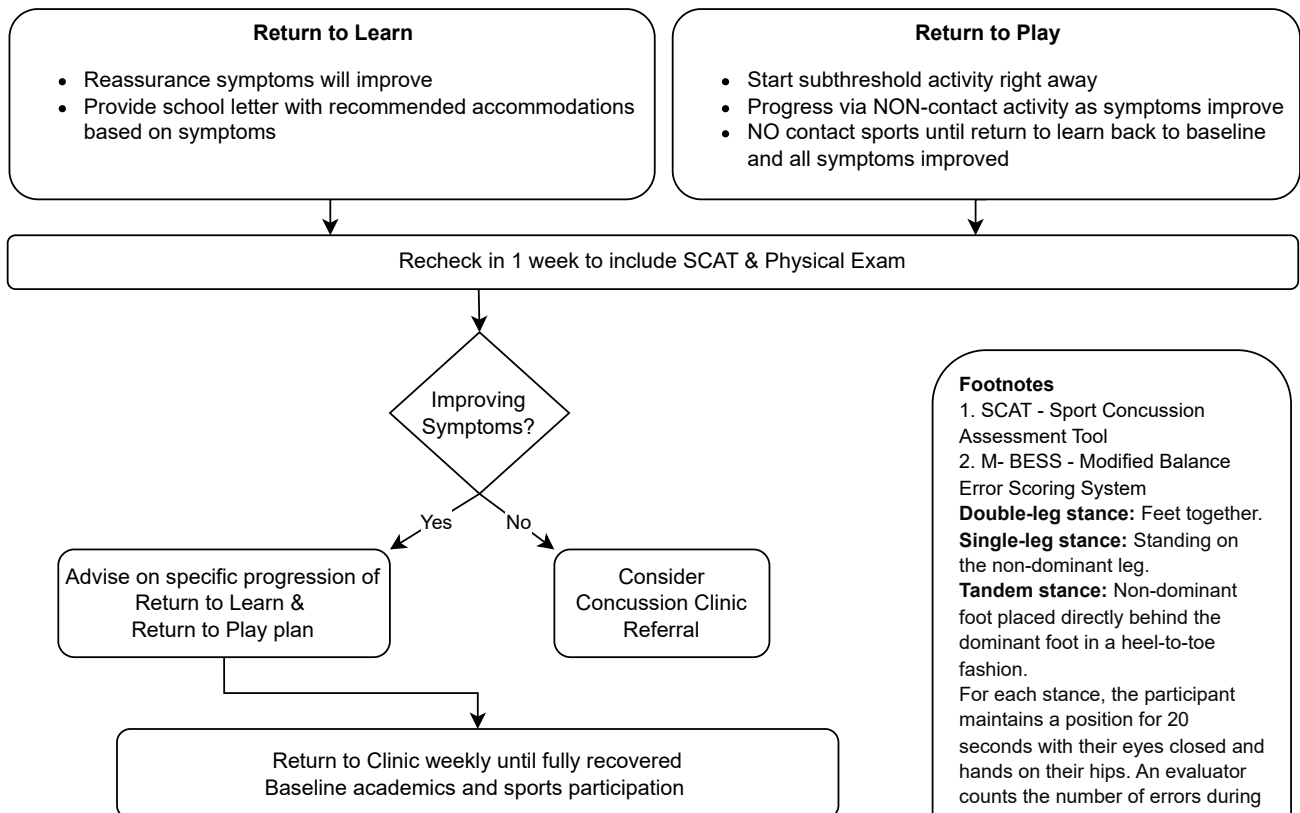




RED FLAGS¹ on History & Exam

- Loss or double vision
- Increasing confusion
- Increasing restlessness or agitation or combative
- Weakness or numbness in more than one arm or leg
- Repeated vomiting
- Severe headache
- Seizure
- Significant cervical neck tenderness
- Visible skull deformity

Primary Care Management of Concussion Recovery



Footnotes

1. SCAT - Sport Concussion Assessment Tool
2. M- BESS - Modified Balance Error Scoring System
Double-leg stance: Feet together.
Single-leg stance: Standing on the non-dominant leg.
Tandem stance: Non-dominant foot placed directly behind the dominant foot in a heel-to-toe fashion.
For each stance, the participant maintains a position for 20 seconds with their eyes closed and hands on their hips. An evaluator counts the number of errors during each 20-second trial.
The M-BESS composite score is the sum of all errors across the three stances.
3. VOR - Vestibulo-Ocular Reflex

References:

Child Sport Concussion Assessment Tool 6 (Child SCAT6)*British Journal of Sports Medicine* 2023;**57**:632-635.
Sport Concussion Assessment Tool 6 (SCAT6)*British Journal of Sports Medicine* 2023;**57**:622-631.
The Concussion Recognition Tool 6 (CRT6)*British Journal of Sports Medicine* 2023;**57**:692-694.