

Weight Assessment and Counseling

HEDIS® Provider Guide:

Measure Description	Using Correct Billing Codes		
<p>Children 3-17 years of age who had an outpatient visit with a primary care physician or OB/GYN and who had evidence of the following during the measurement year:</p> <ul style="list-style-type: none"> BMI Percentile documentation or BMI percentile plotted on age-growth chart (height, weight and BMI percentile must be documented). Counseling for Nutrition or referral for nutrition education. Counseling for Physical Activity or referral for physical activity. <p><i>Telehealth Visits – Member reported services and biometrics values are eligible for compliance.</i></p>	Codes to Identify BMI Percentile, Counseling for Nutrition and Counseling for Physical Activity		
	Description	Codes	
	BMI Percentile	ICD-10:	
		Z68.51	<i>Underweight</i> - Less than the 5 th percentile for age
		Z68.52	<i>Healthy Weight</i> – 5 th percentile to less than the 85 th percentile for age
Z68.53		<i>Overweight</i> – 85 th percentile to less than the 95 th percentile for age	
Z68.54	<i>Obese</i> - Greater to or equal to the 95 th percentile		
Counseling for Nutrition	CPT: 97802-97804 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470		
Counseling for Physical Activity	ICD-10: Z02.5, Z71.82 HCPCS: G0447, S9451		

How to Improve HEDIS® Scores

- Use appropriate HEDIS® measure diagnosis and procedure codes to avoid medical review.
- Avoid missed opportunities by taking advantage of every office visit (including sick visits and sports physicals) to capture BMI percentile and counseling on nutrition and physical activity.
- **Telehealth visits can be used to capture member reported biometric values.**
- Place BMI percentile charts near scales (<http://www.cdc.gov/healthyweight/assessing/bmi/>)
- When documenting BMI percentile, include:
 - Height, weight and BMI percentile
- When counseling for nutrition, document:
 - Current nutrition behaviors (e.g., eating habits and dieting behaviors)
- When counseling for physical activity, document:
 - Physical activity counseling (e.g., child rides tricycle in the yard)
 - Current physical activity behaviors (e.g., exercise routine, participation in sports activities and exam for sports participation)
 - Merely documenting ‘cleared for sports’ does not count towards the HEDIS® measure, but a sports physical with documentation supporting elements of preventative medicine does count.